


PRESCHOOL MEALS


FEBRUARY MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast is offered free of charge	Cheese Sandwich and Cucumbers	“Manakish Zaatar” and Juice	Chocolate Pain au Lait and Bananas	“Manakish Cheese” and Juice	Labneh Sandwich and Carrots
	<p><u>Week 1: 3/2</u> Spaghetti Bolognaise + Salad & Chocolate Biscuits</p> <p><u>Week 2: 10/2</u></p> <p><u>Week 3: 17/2</u></p> <p><u>Week 4: 24/2</u> Shepherd’s Pie + Salad & Lazy Cake</p> <p><u>Week 5:</u></p>	<p><u>Week 1: 4/2</u> Kafta & Potato Stew + Rice & Apples</p> <p><u>Week 2: 11/2</u> Zucchini + Rice + Salad & Lazy Cake</p> <p><u>Week 3: 18/2</u> Chicken Rice + Yogurt & Jell-O</p> <p><u>Week 4: 25/2</u> Green Peas + Rice + Salad & Cake</p> <p><u>Week 5:</u></p>	<p><u>Week 1: 5/2</u> Lentil Soup + Toast & Custard</p> <p><u>Week 2: 12/2</u> Lasagna + Salad & Jell-O</p> <p><u>Week 3: 19/2</u> Burgul with Tomato + Yogurt & Cake</p> <p><u>Week 4: 26/2</u> Nouilles with Chicken + Salad & Custard</p> <p><u>Week 5:</u></p>	<p><u>Week 1 : 6/2</u> “Moughrabiye” + Yogurt & Jell-O</p> <p><u>Week 2: 13/2</u> “Shish Barak” + Rice + Salad & Custard</p> <p><u>Week 3: 20/2</u> Spaghetti With Cheese + Salad & Apples</p> <p><u>Week 4: 27/2</u> “Sayadieh” + Salad & Jell-O</p> <p><u>Week 5:</u></p>	<p><u>Week 1: 7/2</u> Hamburger + Coleslaw & Cookies</p> <p><u>Week 2: 14/2</u></p> <p><u>Week 3: 21/2</u> Pizza + Salad & Cookies</p> <p><u>Week 4: 28/2</u> “Lahm bi Ajin” + Yogurt & Fruit Salad</p> <p><u>Week 5:</u></p>

Cost of lunch with dessert/fruit for the month of February 2020 is 85.000L.L.

SCHOOL MEALS

FEBRUARY MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p><u>Week 1: 3/2</u> Spaghetti Bolognaise + Salad & Chocolate Biscuits</p> <p><u>Week 2: 10/2</u></p> <p><u>Week 3: 17/2</u></p> <p><u>Week 4: 24/2</u> Shepherd's Pie + Salad & Lazy Cake</p> <p><u>Week 5:</u></p>	<p><u>Week 1: 4/2</u> Kafta & Potato Stew + Rice & Apples</p> <p><u>Week 2: 11/2</u> Zucchini + Rice + Salad & Lazy Cake</p> <p><u>Week 3: 18/2</u> Chicken Rice + Yogurt & Jell-O</p> <p><u>Week 4: 25/2</u> Green Peas + Rice + Salad & Cake</p> <p><u>Week 5:</u></p>	<p><u>Week 1: 5/2</u> Lentil Soup + Toast & Custard</p> <p><u>Week 2: 12/2</u> Lasagna + Salad & Jell-O</p> <p><u>Week 3: 19/2</u> Burgul with Tomato + Yogurt & Cake</p> <p><u>Week 4: 26/2</u> Nouilles with Chicken + Salad & Custard</p> <p><u>Week 5:</u></p>	<p><u>Week 1: 6/2</u> "Moughrabiye" + Yogurt & Jell-O</p> <p><u>Week 2: 13/2</u> "Shish Barak" + Rice + Salad & Custard</p> <p><u>Week 3: 20/2</u> Spaghetti With Cheese + Salad & Apples</p> <p><u>Week 4: 27/2</u> "Sayadieh" + Salad & Jell-O</p> <p><u>Week 5:</u></p>	<p><u>Week 1: 7/2</u> Hamburger + Coleslaw & Cookies</p> <p><u>Week 2: 14/2</u></p> <p><u>Week 3: 21/2</u> Pizza + Salad & Cookies</p> <p><u>Week 4: 28/2</u> "Lahm bi Ajin" + Yogurt & Fruit Salad</p> <p><u>Week 5:</u></p>

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