

**WEEKLY NEWSLETTER**  
**Monday, January 29<sup>th</sup>, 2024**

**Good morning!**

**"Life is a marathon, not a sprint; pace yourself accordingly." ~ Amby Burfoot**

**REGISTRATION FOR THE ACADEMIC YEAR 2024-2025**

**Registration of new students for all classes is now open.**

**Please contact the school administration to book an appointment. Out of the available places, priority will go to applicants whose siblings are already at school.**

**EVENTS OF THE WEEK**

**Monday January 29<sup>th</sup>**

8:50am-9:45am	<b>"Skills Needed at the Workplace (Part 1)":</b> career counseling and professional orientation session by Ms. Maya Deeb, WAZNAT representative, for Grade 11 learners
9:45am-10:45am	<b>"How Do I Choose My Path?":</b> career counseling and professional orientation session by Ms. Maya Deeb, WAZNAT representative, for Grade 10 learners
11:30am-12:25pm	<b>"Skills Needed at the Workplace (Part 1)":</b> career counseling and professional orientation session by Ms. Maya Deeb, WAZNAT representative, for Grade 11 learners
12:25pm-1:20pm	<b>"How Do I Choose My Path?":</b> career counseling and professional orientation session by Ms. Maya Deeb, WAZNAT representative, for Grade 10 learners

**Tuesday, January 30<sup>th</sup>**

10:35am-12:05pm	Grade 4B learners start their <b>swimming sessions</b> at <i>Proswim</i> indoor swimming pool at <i>Dunes Verdun</i>
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**Thursday, February 1<sup>st</sup>**

10:15am-10:35am	<b>Bake sale</b> organized by Grade 8A and Grade 8B students for Elementary School learners to fund their 2023-2024 <i>YSI (Young Social Innovators)</i> projects
10:45am-11:30am	<b>Bake sale</b> organized by Grade 8A and Grade 8B students for Middle and Senior Schools learners to fund their 2023-2024 <i>YSI (Young Social Innovators)</i> projects

**Friday, February 2<sup>nd</sup>**

- Preschool **Learning Journey Celebration** Open House
- Last week of fall term afterschool activities

**UPCOMING EVENTS**

Monday, February 5 <sup>th</sup>	Spring term afterschool activities start
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**MINDFUL JANUARY**

**"You can do anything, but not everything at the same time.**

**You don't have to figure everything out.**

**Restart as many times as needed.**

**Your inner peace is too expensive to be sacrificed.**

**Do more of what makes you forget about time."**

## **BREAKING NEWS: PRESCHOOLERS PUT THE "BRAKES" ON BOREDOM WITH FUN NEWS**

One of our little pals proudly and excitedly told the teacher, "Hey, guess what! My voice is changing. Do you know why? I'm growing! Look at my hair." Children possess an incredible ability to perceive the concept of change in an absolutely amazing way.

## **PRESCHOOL HIGHLIGHTS**

- ***Melodic Masterpieces: KG1 Learners Paint in Perfect Harmony!*** KG1 learners paint to music, creating colorful masterpieces that harmonize art and melody and fostering a love for self-expression and creativity.
- ***Syllable Symphony: KG2 Kinetics!*** KG2 learners joyfully explore syllables through playful kinetics, turning language discovery into delightful fun.
- ***Math Moments: KG3 Learners Talk and Tackle Numbers!*** KG3 learners enjoy math talk while playing with missing numbers and learning to order them, making math an interactive adventure.
- ***Breathe and Bounce!*** In our yoga class, our little ones blend fun with focus, bouncing through poses with Bouncing Ball Yoga, embracing the revitalizing Sun Salutation and synchronizing it all with mindful breathing for a well-rounded and energizing practice.