



# LWIS-CiS PRESCHOOL GAZETTE



## January 2020

**Educating the Mind without educating the Heart  
is no EDUCATION at all**

*Welcome to 2020!!*

*We are eager to make the best out of what we have at hand, ensuring a safe, joyful and meaningful New Year with good memories and good blessings to all. 2020 has started off on a strong snowy step. Enjoy every bit of it. May serenity, safety, love and peace of mind warm your homes and hearts. This is the EVERYDAY we want to celebrate. Keep warm through this harsh winter and hope always for a fresh start in every way.*

*Our Preschool Gazette has become one of the highlights of LWIS-CiS website. It will continue to include topics of educational and social interests, community updates and news along with safety and health guidelines that will be useful to both parents and learners. We would appreciate your input.*

*Together, we can make a difference, however small, in our children's lifelong learning journey.*

**January**

The program for the month of January in the Preschool rooms is basically screening the kids for skills acquisition and preparing them for each and every concept with hands-on autonomous activities, learner-led ideas and overall integration, where learners apply and relate to their daily life experiments. This takes place in a wide, warm and nurturing environment.

Please check our Bulletin Boards and enjoy a variety of differentiated skills!

Winter is the highlight of this trimester. Do share with your kids all about winter food, winter wear, winter animals and winter sports. Thank you for your kind cooperation, making a difference in your child's/ward's little world.

**Lunch**

Our lunch menu is posted on the Preschool Information Board, the cafeteria board and our website. A copy of the menu is sent to you on monthly basis. The menu is revised regularly and catered towards healthy eating, so your suggestions or recipes are highly appreciated.



***Our parents/guardians did a great job by sharing time, creativity, ingenuity and efforts with our youngsters during our PIP classes.  
A huge Thank You.***



## Self Help skills

Dress your child/ward appropriately, especially in this cold weather. We are in the process of developing self-help skills, i.e. dressing up, putting on shoes, washing hands, etc... Please help us by dressing your children/wards in elastic waist pants and Velcro shoes so that they can learn to do things on their own, build responsibility, and be proud of themselves.



**SNUGGLED WITH OUR TEDDIES AND GOOD BOOKS, WE GREATLY ENJOYED OUR PJ AND HOT COCOA DAY THAT KEPT US COZY AND WARM IN THIS FROSTY SEASON. OUR PANCAKE SALE WAS A BIG HIT AS ALWAYS. THANK YOU, DEAR PARENTS/GUARDIANS, FOR ALL YOUR YUMMY CONTRIBUTIONS!**



- Kindly place the money you send for the monthly hotmeal in the agenda in a sealed envelope with your kid's name and class written on it.
- Please keep the school routine for your child/ward, i.e. coming to school on time and wearing the school uniform.
- Kindly label all your child's/ward's school belongings.
- Thank you for following our Preschool news on LWIS-CiS website, [www.lwis-cis.edu.lb](http://www.lwis-cis.edu.lb)



## A NEW BABY COMES HOME



When a newborn brother or sister comes home, a Preschooler will react in a variety of ways. A child may enjoy being the big brother or sister and may even try harder to eat and get dressed without assistance. A child who is three years older or more than the new baby and who has friends and interests may be very happy about the new family member.

However, at times, it is common and normal for a young child to show genuine resentment, jealousy and dislike towards a newborn baby. These feelings may surface immediately or months after the birth and may recur occasionally. Another reaction may be anger and hostility towards the baby. Some children may suffer nightmares or throw temper tantrums. Others may solemnly ask their parents to return the baby to the hospital.

What should parents do?

Be firm and loving. It must be made clear that hitting, pushing or pinching a baby is not acceptable. No one is allowed to hurt the baby.

However, let your child know that you understand his or her feelings. Say: "I know you are really angry. You feel mommy loves the baby more than you and you wish you were the only one."

Most importantly, make sure to show your love. Give your older child some private time with you every day, perhaps while the baby is sleeping. If the dad takes an active interest in child care, then both parents will have extra time to devote to the older child.

Sometimes, visitors may be so enthused over the new baby that they forget the older child. One solution is to praise your older child's accomplishments by saying, for example: "Why don't you show our visitors the nice picture you colored today?" If visitors bring a gift for the baby, try to have a special treat or a token gift on hand for the older child as well.

