


PRESCHOOL MEALS


JANUARY MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast is offered free of charge	“Manakish Zaatar”	Cheese Croissant	Chocolate Sandwich	Cheese and Zaatar Sandwiches	“Manakish Zaatar”
	<p><u>Week 1:</u></p> <p><u>Week 2: 6/1</u></p> <p><u>Week 3: 13/1</u> “Moujadara” + Salad & Cupcake</p> <p><u>Week 4: 20/1</u> “Bourghoul” with Tomato & Jell-O</p> <p><u>Week 5: 27/1</u> Lentil Soup & Cupcake</p>	<p><u>Week 1:</u></p> <p><u>Week 2: 7/1</u> Pasta with Yogurt & Jell-O</p> <p><u>Week 3: 14/1</u> Red Sauce Pasta & Custard</p> <p><u>Week 4: 21/1</u> Green Peas Stew + Rice & Custard</p> <p><u>Week 5: 28/1</u> Kafta & Potato Stew + Rice & Jell-O</p>	<p><u>Week 1: 1/1</u></p> <p><u>Week 2: 8/1</u> “Lahm Bi Ajin” & Lazy Cake</p> <p><u>Week 3: 15/1</u> Mini Burger & Sfouf</p> <p><u>Week 4: 22/1</u> Crispy Chicken Sandwich & Lemon Cake</p> <p><u>Week 5: 29/1</u> “Taouk” Sandwich & Lazy Cake</p>	<p><u>Week 3 : 2/1</u></p> <p><u>Week 2 : 9/1</u> Zucchini Stew +Rice & Custard</p> <p><u>Week 3: 16/1</u> Rice with Vegetables & Lazy Cake</p> <p><u>Week 4: 23/1</u> Nouilles & Sfouf</p> <p><u>Week 5: 30/1</u> Noodles with Vegetables & Custard</p>	<p><u>Week 3: 3/1</u></p> <p><u>Week 2: 10/1</u> Chicken Rice + Yogurt & Cupcake</p> <p><u>Week 3: 17/1</u> White Beans Stew + Rice & Custard</p> <p><u>Week 4: 24/1</u> “Mloukhiye” + Rice & Lazy Cake</p> <p><u>Week 5:31/1</u> Spinach Stew + Rice & Cake</p>

Cost of lunch with dessert for the month of January 2025 is \$ 150.-

SCHOOL MEALS

JANUARY MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p><u>Week 1:</u></p>	<p><u>Week 1:</u></p>	<p><u>Week 1: 1/1</u></p>	<p><u>Week 3 : 2/1</u></p>	<p><u>Week 3: 3/1</u></p>
	<p><u>Week 2: 6/1</u></p>	<p><u>Week 2: 7/1</u> Pasta with Yogurt & Jell-O</p>	<p><u>Week 2: 8/1</u> "Lahm Bi Ajin" & Lazy Cake</p>	<p><u>Week 2 : 9/1</u> Zucchini Stew +Rice & Custard</p>	<p><u>Week 2: 10/1</u> Chicken Rice + Yogurt & Cupcake</p>
	<p><u>Week 3: 13/1</u> "Moujadara" + Salad & Cupcake</p>	<p><u>Week 3: 14/1</u> Red Sauce Pasta & Custard</p>	<p><u>Week 3: 15/1</u> Mini Burger & Sfouf</p>	<p><u>Week 3: 16/1</u> Rice with Vegetables & Lazy Cake</p>	<p><u>Week 3: 17/1</u> White Beans Stew + Rice & Custard</p>
	<p><u>Week 4: 20/1</u> "Bourghoul" with Tomato & Jell-O</p>	<p><u>Week 4: 21/1</u> Green Peas Stew + Rice & Custard</p>	<p><u>Week 4: 22/1</u> Crispy Chicken Sandwich & Lemon Cake</p>	<p><u>Week 4: 23/1</u> Nouilles & Sfouf</p>	<p><u>Week 4: 24/1</u> "Mloukhiye" + Rice & Lazy Cake</p>
	<p><u>Week 5: 27/1</u> Lentil Soup & Cupcake</p>	<p><u>Week 5: 28/1</u> Kafta & Potato Stew + Rice & Jell-O</p>	<p><u>Week 5: 29/1</u> "Taouk" Sandwich & Lazy Cake</p>	<p><u>Week 5: 30/1</u> Noodles with Vegetables & Custard</p>	<p><u>Week 5:31/1</u> Spinach Stew + Rice & Cake</p>

Cost of lunch with dessert for the month of January 2025 is \$ 150