


PRESCHOOL MEALS


MARCH MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast is offered free of charge	“Manakish Zaatar”	Cheese Croissant	Chocolate Sandwich	Cheese and Zaatar Sandwiches	“Manakish Zaatar”
	<p><u>Week 1: 3/3</u> Potato Stew + Rice & Jell-O</p> <p><u>Week 2: 10/3</u></p> <p><u>Week 3: 17/3</u> “Bourghoul” with Tomato & Jell-O</p> <p><u>Week 4: 24/3</u> Green Beans Stew + Rice & Custard</p> <p><u>Week 5: 31/3</u> Rice with Vegetables & Jell-O</p>	<p><u>Week 1: 4/3</u> “Moujadara” + Salad & Fruit Salad</p> <p><u>Week 2: 11/3</u> “Moudardara” with Yogurt & Lazy Cake</p> <p><u>Week 3: 18/3</u> “Mloukhiye” +Rice & Strawberry Cake</p> <p><u>Week 4: 25/3</u> White Sauce Pasta & Fruit Salad</p> <p><u>Week 5:</u></p>	<p><u>Week 1: 5/3</u> Nuggets +Fries & Custard</p> <p><u>Week 2: 12/3</u> Escalope & Fruit Salad</p> <p><u>Week 3: 19/3</u> “Lahm Bi Ajin” & Lazy Cake</p> <p><u>Week 4: 26/3</u> Chicken Burger & “Sfouf”</p> <p><u>Week 5:</u></p>	<p><u>Week 3 : 6/3</u> Red Sauce Pasta & Cupcake</p> <p><u>Week 2 : 13/3</u> Pasta with Yogurt & Jell-O</p> <p><u>Week 3: 20/3</u> Lentil Soup & Custard</p> <p><u>Week 4: 27/3</u> Okra Stew + Rice & Jell-O</p> <p><u>Week 5:</u></p>	<p><u>Week 3: 7/3</u> “Kebbeh” with Yogurt & “Sfouf ”</p> <p><u>Week 2: 14/3</u> Rice with Chicken & Cupcake</p> <p><u>Week 3: 21/3</u> Kafta & Potato Stew + Rice & Cake</p> <p><u>Week 4: 28/3</u> Zucchini Stew +Rice & Cupcake</p> <p><u>Week 5:</u></p>

Cost of lunch with dessert for the month of March 2025 is \$ 160.-

SCHOOL MEALS

MARCH MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p><u>Week 1: 3/3</u> Potato Stew + Rice & Jell-O</p> <p><u>Week 2: 10/3</u></p> <p><u>Week 3: 17/3</u> “Bourghoul” with Tomato & Jell-O</p> <p><u>Week 4: 24/3</u> Green Beans Stew + Rice & Custard</p> <p><u>Week 5: 31/3</u> Rice with Vegetables & Jell-O</p>	<p><u>Week 1: 4/3</u> “Moujadara” + Salad & Fruit Salad</p> <p><u>Week 2: 11/3</u> “Moudardara” with Yogurt & Lazy Cake</p> <p><u>Week 3: 18/3</u> “Mloukhiye” +Rice & Strawberry Cake</p> <p><u>Week 4: 25/3</u> White Sauce Pasta & Fruit Salad</p> <p><u>Week 5:</u></p>	<p><u>Week 1: 5/3</u> Nuggets +Fries & Custard</p> <p><u>Week 2: 12/3</u> Escalope & Fruit Salad</p> <p><u>Week 3: 19/3</u> “Lahm Bi Ajin” & Lazy Cake</p> <p><u>Week 4: 26/3</u> Chicken Burger & “Sfouf”</p> <p><u>Week 5:</u></p>	<p><u>Week 3 : 6/3</u> Red Sauce Pasta & Cupcake</p> <p><u>Week 2 : 13/3</u> Pasta with Yogurt & Jell-O</p> <p><u>Week 3: 20/3</u> Lentil Soup & Custard</p> <p><u>Week 4: 27/3</u> Okra Stew + Rice & Jell-O</p> <p><u>Week 5:</u></p>	<p><u>Week 3: 7/3</u> “Kebbeh” with Yogurt & “Sfouf”</p> <p><u>Week 2: 14/3</u> Rice with Chicken & Cupcake</p> <p><u>Week 3: 21/3</u> Kafta & Potato Stew + Rice & Cake</p> <p><u>Week 4: 28/3</u> Zucchini Stew +Rice & Cupcake</p> <p><u>Week 5:</u></p>

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