

**WEEKLY NEWSLETTER**  
**January 19<sup>th</sup>, 2026**

**Good morning!**

***"The beginning is always today." ~ Mary Wollstonecraft Shelley***

**EVENTS OF THE WEEK**

<b>Monday, January 19<sup>th</sup></b>	School nurse conducts a <b>routine checkup</b> for Preschool classes
<b>Tuesday, January 20<sup>th</sup></b>	<b>Last PE session</b> for Grade 5B learners at <i>Sportsville</i>
7:50am-8:50am	Grade 10 and Secondary 1 learners select their <b>electives</b> for the second half of the year
10:15am-11:30am	Support department nutrition class sets the tone for the year with a <b>student-led pasta sale</b> inspired by the <i>Harvard Healthy Eating Plate</i>
10:40am-11:30am	Grade 5A <b>swimming graduation</b> at <i>Proswim, Dunes-Verdun</i> . Parents/Guardians are invited
<b>Wednesday, January 21<sup>st</sup></b>	
9:45am-10:45am	Grade 12 learners select their <b>electives</b> for the second half of the year
12:25pm-1:30pm	Assembly by Mr. Khalil Fayad for Grade 12 learners to remind them of <b>school rules</b>
<b>Thursday, January 22<sup>nd</sup></b>	<b>Last swimming session</b> for Grade 4 learners at <i>Proswim, Dunes-Verdun</i>
8:50am-9:45am	Grade 11 and Secondary 2 learners select their <b>electives</b> for the second half of the year
<b>Friday, January 23<sup>rd</sup></b>	Grade 3 students celebrate <b>International Day of Education</b> through engaging in-class activities
9:00am	Departure of Grade 10, Grade 11, Secondary 1, Secondary 2 and IBDP Y1 learners to <b>Mzaar Kfardebian</b> for their skip trip
<b>Saturday, January 24<sup>th</sup></b>	
4:30pm	Arrival of Grade 10, Grade 11, Secondary 1, Secondary 2 and IBDP Y1 learners to school from their ski trip

**UPCOMING EVENTS**

Tuesday, January 27 <sup>th</sup>	-Grade 5B learners start their <b>swimming sessions</b> at <i>Proswim, Dunes-Verdun</i> (10:35am-12:05pm)
	-Grade 5A learners start their <b>PE sessions</b> at <i>Sportsville</i> (10:35am-12:05pm)
Thursday, January 29 <sup>th</sup>	Grade 4 learners start their <b>PE sessions</b> at <i>Sportsville</i> (10:35am-12:05pm)

**TECH TIP OF THE WEEK: USE APP TIME LIMITS!**

Set daily time limits for games and social media apps to help children balance screen time and study time.

## **SCHOOL UNIFORM**

The school uniform can be purchased on Tuesdays and Thursdays only. Kindly place your order at the reception in the morning then collect it in the afternoon.

## **SAFETY AND SECURITY**

- For the safety and security of our students, visitors to LWIS-CiS will only be allowed to school if they have a pre-arranged appointment. Visitors who do not have an appointment will have to wait at the gate to arrange for clearance. This could take time and, possibly, they will be denied entrance. Hence, if you wish to visit the school or wish to talk to teachers or administrators, make an appointment to avoid delay or disappointment.
- At the end of the day, the school gates will be closed until all school buses depart. Only parents/guardians of Preschool students will be allowed into the school after the departure of the buses. No other parent/guardian will be allowed in unless he/she has a clearance from the administration.