

# PRESCHOOL MEALS

## FEBRUARY MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast is offered free of charge</b>	“Manakish Zaatar”	Cheese Croissant	“Labneh” Sandwich	Cheese and Zaatar Sandwiches	“Manakish Zaatar”
	<u><b>Week 1: 2/2</b></u> Red Sauce Pasta & Jell-O  <u><b>Week 2: 9/2</b></u>  <u><b>Week 3: 16/2</b></u> Kafta & Potato Stew + Rice & Lemon Cake  <u><b>Week 4: 23/2</b></u> Rice with Vegetables & Jell-O  <u><b>Week 5:</b></u>	<u><b>Week 1: 3/2</b></u> Potato Stew + Rice & Custard  <u><b>Week 2: 10/2</b></u> Okra Stew + Rice & Cake  <u><b>Week 3: 17/2</b></u> White Sauce Pasta & Custard  <u><b>Week 4: 24/2</b></u> Green Beans Stew + Rice & Lazy Cake  <u><b>Week 5:</b></u>	<u><b>Week 1: 4/2</b></u> Chicken Escalope & Lazy Cake  <u><b>Week 2: 11/2</b></u> Mini Burger & Jell-O  <u><b>Week 3: 18/2</b></u> Pizza & Fruit Salad  <u><b>Week 4: 25/2</b></u> Nuggets & Custard  <u><b>Week 5:</b></u>	<u><b>Week 1: 5/2</b></u> “Moudardara” + Yogurt & Tart  <u><b>Week 2: 12/2</b></u> Lentil Soup & Custard  <u><b>Week 3: 19/2</b></u> Green Peas Stew + Rice & Jell-O  <u><b>Week 4: 26/2</b></u> “Moughrabilieh” & Fruit Salad  <u><b>Week 5:</b></u>	<u><b>Week 1: 6/2</b></u> “Kebbeh bi Laban” & Cupcakes  <u><b>Week 2: 13/2</b></u> Rice with Chicken & Lazy Cake  <u><b>Week 3: 20/2</b></u> “Shish Barak” & Strawberry Tart  <u><b>Week 4: 27/2</b></u> Zucchini Stew + Rice & Banana Pudding  <u><b>Week 5:</b></u>

Cost of lunch with dessert for the month of February 2026 is \$ 155.-

# SCHOOL MEALS

## FEBRUARY MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p><u><b>Week 1: 2/2</b></u> Red Sauce Pasta &amp; Jell-O</p> <p><u><b>Week 2: 9/2</b></u></p> <p><u><b>Week 3: 16/2</b></u> Kafta &amp; Potato Stew + Rice &amp; Lemon Cake</p> <p><u><b>Week 4: 23/2</b></u> Rice with Vegetables &amp; Jell-O</p> <p><u><b>Week 5:</b></u></p>	<p><u><b>Week 1: 3/2</b></u> Potato Stew + Rice &amp; Custard</p> <p><u><b>Week 2: 10/2</b></u> Okra Stew + Rice &amp; Cake</p> <p><u><b>Week 3: 17/2</b></u> White Sauce Pasta &amp; Custard</p> <p><u><b>Week 4: 24/2</b></u> Green Beans Stew + Rice &amp; Lazy Cake</p> <p><u><b>Week 5:</b></u></p>	<p><u><b>Week 1: 4/2</b></u> Chicken Escalope &amp; Lazy Cake</p> <p><u><b>Week 2: 11/2</b></u> Mini Burger &amp; Jell-O</p> <p><u><b>Week 3: 18/2</b></u> Pizza &amp; Fruit Salad</p> <p><u><b>Week 4: 25/2</b></u> Nuggets &amp; Custard</p> <p><u><b>Week 5:</b></u></p>	<p><u><b>Week 1: 5/2</b></u> “Moudardara” + Yogurt &amp; Tart</p> <p><u><b>Week 2 : 12/2</b></u> Lentil Soup &amp; Custard</p> <p><u><b>Week 3: 19/2</b></u> Green Peas Stew + Rice &amp; Jell-O</p> <p><u><b>Week 4: 26/2</b></u> “Moughrabilieh” &amp; Fruit Salad</p> <p><u><b>Week 5:</b></u></p>	<p><u><b>Week 1: 6/2</b></u> “Kebbeh bi Laban” &amp; Cupcakes</p> <p><u><b>Week 2: 13/2</b></u> Rice with Chicken &amp; Lazy Cake</p> <p><u><b>Week 3: 20/2</b></u> “Shish Barak” &amp; Strawberry Tart</p> <p><u><b>Week 4: 27/2</b></u> Zucchini Stew + Rice &amp; Banana Pudding</p> <p><u><b>Week 5:</b></u></p>

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